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FOR IMMEDIATE RELEASE

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SEPTEMBER IS NATIONAL PREPAREDNESS MONTH

Fulton County Department of Health and Wellness Encourages All to "Get Prepared"

In recognition of National Preparedness Month, the Fulton County Department of Health and Wellness' Office of Emergency Preparedness (OEP) continues to raise public awareness about the importance of preparing for emergencies, natural or man-made. OEP offers preparedness brochures to assist with preparation and emergency planning.

"We have been active in our outreach efforts to assist the residents of Fulton County with developing their own personal emergency response plans," says Dr. Kim Turner, Interim Health Director, Fulton County Department of Health and Wellness. "It is very important that everyone has a guide that will help them respond in the event of a public health emergency such as a flu outbreak or terrorist attack."

The Office of Emergency Preparedness has created brochures to address different issues such as emergency planning for your family and natural disasters. The brochures are available free of charge and offer such tips as how to develop an emergency supply kit and how to create a family communication plan in case of separation.

"Being prepared for any disaster can reduce fear, anxiety and a sense of loss that accompanies the event," says Dr. Turner.

National Preparedness Month was first organized by the Department of Homeland Security in September 2004 to encourage Americans to take simple steps to be prepared for emergencies in their homes, businesses, and schools. This year's focus is on The Importance of Emergency Preparedness.

Log-on to www.fultoncountygahealth.org to download copies of the Fulton County Department of Health and Wellness brochures or call (404) 730-1281. For more information on how to develop a family plan, log-on to www.ready.gov.